

St. Anthony's

Adult Faith Formation

Presents



"Surviving Life Transitions"



Sunday, December 13, 2009

6:30 – 8:00 p.m.

*St. Anthony's Church
417 Commercial St.
Farnham, NY 14061*



Life is filled with many transitions—births, marriage, unemployment, relocation, "empty nest," change of career, death and many more. Learn strategies for dealing with the transitions in your life. Presentation and refreshments.

PLEASE JOIN US!

Presenter: Dr. John Adams

Dr. Adams is a Licensed Psychologist who has worked for many years with individuals and families dealing with a variety of transition issues.